



Act F.A.S.T. against strokes.

May is
National
Stroke
Awareness
Month

May is National Stroke Awareness Month, and Baptist wants to remind everyone that recognizing signs of a stroke can reduce the chances of long-term disability.

FACE: Ask the person to smile. Does one side droop?

ARMS: Ask the person to raise both arms. Does one side drift downwards?

SPEECH: Ask the person to repeat a simple phrase. Is their speech slurred or strange?

TIME: If you observe any of these signs, call 9-1-1 immediately.

If treatment occurs within three hours of the first symptoms, the risk of long-term disability can be significantly reduced.



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Get Better.